

St. Cecilia's Public School

Psychology Internship Programme



St. Cecilia's Public School takes immense pride in the outstanding achievement of its Psychology students, who brought laurels to the institution by earning medals and certificates for being recognised as the Best Interns during the Psychology Internship Programme organised by Unique Psychological Services. The school, under the inspiring leadership of Respected Madam Principal, is delighted to celebrate this remarkable accomplishment, which reflects the students' dedication and commitment to excellence.

This internship was designed to provide meaningful hands-on experience and bridge the gap between theoretical learning and practical application. Throughout the programme, students engaged with real-life case observations, interactive sessions, and experiential learning activities that strengthened their understanding of psychological concepts and their relevance in everyday life.

A key highlight of the internship was the Open Air Camp at Lodhi Garden, where students enthusiastically participated in psychology-based games, collaborative activities, and experiential learning exercises. They also attended an Expressive Art Therapy session that fostered self-expression, emotional awareness, creativity, and self-reflection in a supportive environment.

Through discussions, observations, and practical assignments, students developed a deeper understanding of personality, human behaviour, emotional well-being, and individual differences. The internship further nurtured critical thinking, empathy, communication skills, and self-awareness, while encouraging students to recognise their strengths and pursue personal growth.

Overall, the internship proved to be a highly enriching and transformative experience. It significantly strengthened students' interest in psychology, provided valuable practical exposure beyond classroom learning, and contributed to their academic as well as personal development. The programme was exceptionally well received, and the students' outstanding performance stands as a testament to the school's commitment to nurturing excellence through experiential learning.